

smoothie!


## Introducing...by Meghan

Miss. Wright more about your Going to the
What is your favorite family?
subject to teach? I have an older
E.L.A.

Do you have any pets? What are their names?
Yes I have 2 cats and their names are
Peaches and Marley.
What town are you from?
Brantford, Ontario
Do you have any children?
No
Can you tell me

## Banana Pear Smoothie by Caitlin

Bomber games
Where did you work before you moved to Flin Flon?
Wabowden, Manitoba
What do you like to do outside of school?
Play sports especially volleyball, and hang out with friends.
brother, Josh, and
we like to watch
and play sports. We
are a close family.
Are you enjoying Flin Flon?
Yes, it is a big city compared to where I used to teach.
What do you like more about Flin
Flon than your home town?

Recipe:
2 ripe pears, pitted and coarsely chopped 1 tsp ( 5 mL ) peeled and coarsely chopped ginger root
1 banana
1 cup ( 250 mL )
skim milk
Handful of ice
Sprinkle of cinnamon on top Blend all ingredients together.

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Banana Pear
Smoothie
Power up your
morning with this pear-and-banana smoothie. One serving has almost a quarter of your daily vitamin C requirements. Plus, it has a good amount of fibre (28 percent of the daily value), which promotes digestion and regularity.

## The Wrestling tournament by Meghan



Which song is your favourite?


On January 18 ${ }^{\text {th }}$ there was a wrestling tournament at Hapnot School. The schools that were competing were Mclsaac, Ruth Betts, and The Pas, in grades 4-12.
First place
Grade 4 was
Kaden Wallaker Grade 5 winners:
were Alli Lytwyn, Maguire Lee, Odin Church and David Richard.
Grade 6 winners: Hayden Holmstrom and Harrison Dumas
Grade 7 winners: Carson Lee and Ty Waly
Second place winners
Grade 4 winners Nathan Barron,

Magnus Pearson, Bryson Dumas, Amber Makenzie and Cadence McIntosh.
Third place winners Grade 4 winners were Cooper Eastman and Vanessa St. Pierre.
Grade 5 winners were Riley Burroughs.

## Top 5 songs of January by Ella

1. Timber-Pitbull Featuring Kesha
2. Say Something- A Great Big World and

Christina Aguilera
3. Dark horse- Katy Perry Featuring Juicy J.
4. Happy-Pharrell Williams
5. Counting Stars- One Republic

## Grade 8 New Years Resolutions by Caitlin

I recently surveyed the Grade 8s from Ms. McBratney's class about their New Years' resolutions. The ma-
jority answered with "I do not have a new years' resolution," or, "I plan on eating cleaner and working out." There was a
couple saying "I want to get better grades in class," and stuff along the lines of that.

## Advice Column

By Rachel
Q) What do you do when you are left out from your best friends?
A) Try talking to your friends about it. Maybe they don't realize that what they're doing is making you feel left out. Also, it's always good to expand your circle of friends; so how about opening up to your classmates a bit more? You might have more in common with them than you think.


## Olympics continued...

Ice hockey-men and women's, Luge, Short track speed skating, Long Track Speed skating, Skeleton, Skiing - alpine, cross country, freestyle, jumping, Nordic combined, and Snowboarding.

For the 2014 Winter Olympics, Ecole Mclsaac School will be having a torch walk at 3:00pm on February $7^{\text {th }}$. The school will be having an "Olympic Readers" that will start the day of the Olympics and end on the 23 rd. When it is finished, the organizers will be picking who read the most minutes from gold, to silver, to bronze. The class with the most gold winners will be rewarded with a class party. There will be three library contests during this time as well. Olympic Trivia will be read on the announcements, there will be a guessing contest in the library, and around the library there are athletes with QR codes that students will scan and it will take them to a page with information about that athlete or sport. During the last week of the Olympics there will be a book fair in the library.

## Basketball Survey by Paige

Questions

1. What was your first reaction when you found out they were splitting the 6's from the 7's and 8's?
2. Do you think this will make you a better basketball player? Yes, no and why?
3.Do you feel that you have been paid more attention to since there are less of you?
3. How would you feel about going back to play with the 7's and 8 's, playing wise?

Ethan Vankoughnett

He was surprised, because no other schools have ever done this kind of thing that we've heard of.
He said it will be easier playing against our own age, and it will give us more playing time. Also they won't be intimidated of the older grades. He said that since the coaches aren't so worried about the older grades that he has gotten a lot better, and fixed old mistakes and habits.
He said he would feel left out and
wouldn't get to play as much.

## Rylee Reierson

She was happy, because she thought they would judge how she played, and then when it's all grade 6 everyone is really at the same level.
She said yes, because the coaches would have more time and pay more attention to us.
She said yes/no, since the coaches normally would be focused on the grade 8's since it's their last year at Mclsaac.
She said we wouldn't have lots of playing time and less ball time.

